

## Samuel Major PhD, LMFT

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### Academic Record

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<b>Ph.D. Psychology, <i>Brigham Young University</i></b>	June 2024
Emphasis: Applied Social Psychology/Theoretical Psychology	
Faculty Mentor: Dr. Edwin E. Gantt	
<b>M.S. Marriage and Family Therapy, <i>Northwestern University</i></b>	June 2018
COAMFTE Accredited Program	
Program Director: Douglas Breunlin, M.S.W.	
<b>B.S. Psychology, <i>Brigham Young University</i></b>	April 2014

### Publications

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#### Journal Publications

- Major, S. D.**, Fisher, A. R., Top, D. N., Gardenhire, B., & Myers, E. (2024). Shaking the sound relationship house: Pornography use and relationship functioning of men married to women. *Journal of Couple & Relationship Therapy*, 1–19.  
<https://doi.org/10.1080/15332691.2024.2367636>
- Sabey, A. K., Jensen, J., **Major, S.**, Zinbarg, R., & Pinsof, W. (2020). Are Older Adults Unique? Examining Presenting Issues and Changes in Therapy Across the Life Span. *Journal of Applied Gerontology*, 39(3), 250-258. <https://doi.org/10.1177/0733464818818048>
- Herzog, S. R., **Major, S. D.**, Cho, S., Ammons, E., & Lee, H. (2015). Perceptions of interracial Marriage through the eyes of individualistic and collectivist cultures: A college sample. *Intuition*, 10(2), 63-75

#### Encyclopedia Entries & Book Reviews

- Gantt, E. E., & **Major, S. D.** (in press). Books briefly noted. *Journal of Theoretical and Philosophical Psychology*, 44(4)
- Earl, R. M., & **Major, S. D.** (2019). Planning metaframeworks in Integrative Systemic Therapy. In J. L. Lebow, A. L. Chambers, & D. C. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. [https://link.springer.com/referenceworkentry/10.1007/978-3-319-49425-8\\_1091](https://link.springer.com/referenceworkentry/10.1007/978-3-319-49425-8_1091)
- Major, S. D.**, & Fisher, A. R. (2018). Double bind theory of family systems. In J. L. Lebow, A. L. Chambers, & D. C. Breunlin (Eds.), *Encyclopedia of Couple and Family Therapy*. [https://link.springer.com/referenceworkentry/10.1007/978-3-319-15877-8\\_259-1](https://link.springer.com/referenceworkentry/10.1007/978-3-319-15877-8_259-1)
- Major, S. D.**, & Fisher, A. R. (2017). Black box concept in family systems theory. In J. L. Lebow, A. L. Chambers, & D. C. Breunlin (Eds.), *Encyclopedia of Couple and Family*

Therapy. [https://link.springer.com/referenceworkentry/10.1007/978-3-319-15877-8\\_245-1](https://link.springer.com/referenceworkentry/10.1007/978-3-319-15877-8_245-1)

### Journal Publications- In Preparation or Under Review.

**Major, S. D.**, Gantt E. E., & Williams, R. N. (2024). *Applied social psychology's quest for a flourishing social life: Egoism, virtue, and the development of applied interventions* [Manuscript in preparation].

**Major, S. D.** & Gantt E. E. (2024). *Answering questions of integrity: Unifying the fractured field of psychology*. [Manuscript in preparation].

**Major, S. D.**, Gantt, E. E., & Christensen, M. R. (2022). *Overcoming the vice of pornography: A virtue ethics approach to compulsive pornography use*. [Unpublished manuscript]. Department of Psychology, Brigham Young University.

### Dissertation

**Major, S. D.** (2024). *Intervening for a better social life? A comparative analysis of psychological egoism and Aristotle as alternate foundations for applied social psychology's aims*. [Doctoral Dissertation, Brigham Young University] BYU ScholarsArchive.

### Ad-Hoc Reviewer

*Issues in Religion and Psychotherapy*  
*Review of Religious Research*

### Public Scholarship

Holmes, B. & **Major, S. D.** (2024, June 21). The givenness of divine gender identity. *Public Square Magazine*. <https://publicsquaremag.org/sexuality-family/identity/rethinking-gender-identity/>

**Major, S. D.** (2022, September 21). Contextually concrete revelation. *Foundation for Apologetic Information and Research*. <https://www.fairlatterdaysaints.org/blog/2022/09/21/fairs-countdown-to-conference-10-days#more-34052>

**Major, S. D.** (2022, July 29). Are you feeling peace or just relief? *Public Square Magazine*. <https://publicsquaremag.org/faith/gospel-fare/are-you-feeling-peace-or-just-relief/>

### Presentations

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#### Professional/Academic

**Major, S. D.** & Gantt E. E. (April 2024). *Answering questions of integrity: Unifying the fractured field of psychology* [Conference presentation]. Presented at the Society for Theoretical and Philosophical Psychology (APA Division 24), Annual Conference, Pittsburgh, PA.

**Major, S. D.** (February 2024). *Towards a clearer understanding of compulsive pornography*

- use: Virtue, vice, and Christian discipleship* [Keynote address]. Presentation at the BYU Annual Conference on Pornography, Provo, UT
- Major, S. D.,** Holmes, B. & Tubbs, J. (October 2023). *“But we heeded them not”: Contrasting worldly identity with divine identity & destiny* [Conference presentation]. Presented at the Family Life Center, Annual Conference, Riverton, UT.
- Major, S. D.** & Gantt E. E. (April 2023). *Towards social virtue: An Aristotelian critique of social exchange theory* [Poster presentation]. Presented at the Society for Theoretical and Philosophical Psychology (APA Division 24), Annual Conference, Boston, MA.
- Burdge, A. R., Burdge, K. M., & **Major, S. D.** (October 2022). *Alterity focused therapy: Making our relationships a sanctuary by being what’s best for the other* [Conference presentation]. Presentation at the Association of Latter-day Saint Counselors & Psychotherapists, Annual Conference, Salt Lake City, UT.
- Elggren, H., Green, J., **Major, S. D.,** Proctor A., Ridge B., & Zaugg, H. (April 2022). *BYU Library Floor 3 Study Zones Research Project* [Research report]. Presentation for BYU Library Administration, Provo, UT.
- Major, S. D.** & Gantt, E. E. (October 2021). *Overcoming the vice of pornography: A virtue ethics approach to compulsive pornography use* [Conference presentation]. Presentation at the Association of Latter-day Saint Counselors & Psychotherapists, Annual Conference, Salt Lake City, UT.
- Gardenhire, B., **Major, S. D.,** & Fisher, A. R. (2020 Conference Cancelled). *Sexual imagery and relationship functioning among men married to women* [Poster presentation]. Accepted to be presented at American Association of Sexuality Educators, Counselors, and Therapists 52<sup>nd</sup> Annual Conference, Palm Springs, CA
- Major, S. D.,** & Fisher, A. R. (October 2019). *From haphazard to integrative problem solving: Integrative Systemic Therapy (IST)* [Conference presentation]. Presented at Utah University and College Counseling Centers Conference, University of Utah, Salt Lake City, UT.
- Major, S. D.,** & Moore, A. M. (September 2019) [Training presentation]. *Job hacks: Working in the mental health field*. Presented at Ability 1<sup>st</sup> Utah, Provo, UT.

### Community

- Major, S. D.,** & Major H. A. (February 2023). *Worldly identity versus gospel identity*. Religious community presentation for youth, Orem, UT.
- Major, S. D.** (February 2023). *Remembering who we really are: Overcoming the false images of pornography through virtue*. Religious community presentation for married men, South Jordan, UT
- Major, S. D.,** & Moore, A. M. (October 2019). *Digital safety for kids*. Presented for White Ribbon Week at Cascade Elementary School, Orem, UT.
- Major, S. D.** (September 2019). *Overcoming pornography*. Religious community presentation for young single adults, Orem, UT.

## Academic Teaching, Mentoring, & Leadership Experience

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### Academic Appointments

- 2024 – Current**      Adjunct Instructor  
Department of Behavioral Science  
Utah Valley University  
Orem, UT
- 2022 – 2023**      Graduate-Student Instructor  
Department of Psychology  
Brigham Young University  
Provo, UT

### Courses Taught

- Psych 350G**, Social Psychology, Instructor of Record, *Utah Valley University*
- Fall Semester 2024
- Psych 2300**, Abnormal Psychology, Instructor of Record, *Utah Valley University*
- Fall Semester 2024
- Psych 111**, Psychological Science, Co-Instructor, *Brigham Young University*
- Fall Semester 2023
  - Summer Term 2023
- Psych 210**, History of Psychology- Online, Instructor of Record, *Brigham Young University*
- Fall Semester 2022

### Curriculum Development

- Psych 111**, Psychological Science, *Brigham Young University*, Summer Term 2023

### Guest Lectures

- Major, S. D.** (Fall Semester 2023; Winter Semester 2024). *The restored gospel and psychotherapy: An applied Christian approach to psychotherapy* [Invited lecturer]. Lecture given at Brigham Young University, Psych 353- The Restored Gospel and Psychology course, Provo, UT.
- Burdge, K. M., & **Major, S. D.** (Winter Semester 2023). *Alterity focused therapy* [Invited lecturer]. Lecture given at Brigham Young University, Psych 353- The Restored Gospel and Psychology course, Provo, UT.
- Burdge, A. R., Burdge, K. M., & **Major, S. D.** (Fall Semester 2022). *Alterity focused therapy* [Invited lecturer]. Lecture given at Brigham Young University, Psych 353- The Restored Gospel and Psychology course, Provo, UT.
- Major, S. D.** (Fall Semester 2022). *Aristotle's metaphysics, ethics, and psychology*

[Invited lecturer]. Lecture given at Brigham Young University, Psych 210- History of Psychology course, Provo, UT.

### Teaching Assistant

**Head Teaching Assistant**, History of Psychology- Psych 210, *Brigham Young University*, Dr. Edwin Gantt—Professor

**Head Teaching Assistant**, Personality Theory- Psych 341, *Brigham Young University*, Dr. Edwin Gantt—Professor

**Head Teaching Assistant**, Critical Issues in Psychology- Psych 311, *Brigham Young University*, Dr. Edwin Gantt—Professor

**Head Teaching Assistant**, LDS Perspectives in Psychology- Psych 353, *Brigham Young University*, Dr. Edwin Gantt—Professor

**Head Teaching Assistant**, Cross-Cultural Family & Human Development- SFL 354, *Brigham Young University*, Dr. Roy Bean—Professor

### Research Mentoring

**Primary Investigator**, Portrayals of Certainty in Scientific Knowledge: An Exploratory Content Analysis of Introductory Social Psychology Textbooks, Psychology PhD 2<sup>nd</sup> Year Project, *Brigham Young University*

**Head Research Assistant**, Ethnic Minorities in Research: Literature Trends, *Brigham Young University*, Dr. Roy Bean—Professor

### Professional Development & Improvement

**Teaching Psychology**, Graduate Course, *Brigham Young University*

**Teaching Conference**, FHSS Spring Teaching Conference, *Brigham Young University*

**Writing Within Psychology**, Undergraduate Course, *Brigham Young University*

### Research Experience

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**Graduate Assistant**, *Brigham Young University*, Dr. Edwin Gantt—Professor

**Older Adults in Therapy**, *Northwestern University*, Dr. Allen Sabey—Advisor

**Systemic Therapy Inventory of Change (STIC) Project**, *Northwestern University*, Dr. Jacob Goldsmith—Advisor

**Student Editor**, for Gantt, E. E., & Slife, B. (Eds.) *Taking sides: Clashing views on psychological issues* (19 ed., pp. 113-125). Chicago, IL: McGraw-Hill Education. Dr. Edwin Gantt—Supervising Editor

**Ethnic Minorities in Research: Literature Trends**, *Brigham Young University*, Dr. Roy Bean—Professor

**Spanish Measures Project**, *Brigham Young University*, Dr. Roy Bean—Professor

**“Being Different” Project**, *Brigham Young University*, Dr. Nathan Lambert—Professor

### Advanced Research Training/Certificates

**Writing For Impact: Strategies To Successfully Craft and Publish Qualitative Research**, *ResearchTalk Qualitative Inquiry Seminar*, May 2024

**Integrating Memo Writing and Coding in Qualitative Analysis**, *ResearchTalk Qualitative Inquiry Seminar*, May 2024

**Mixed Methods Research: Practical Strategies for Integrative Thinking With Complexity**, *ResearchTalk Qualitative Inquiry Seminar*, May 2024

**NVivo Core Skills**, *NVivo Qualitative Software Training Certification*, April 2024

### Funding

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**Conference Travel Grant**, Answering Questions of Integrity: Unifying the Fractured Field of Psychology, *APA Division 24, Annual Mid-Winter Conference*

**Dissertation Research Grant**, Towards Social Virtue: An Aristotelian Critique of Social Exchange Theory, *Department of Psychology, Brigham Young University*

### Professional Consulting

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**Clay Frost**, Mental Training Expert, *Orem, UT*. <https://www.clayfrost.co/home>

### Clinical Experience

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#### Licensed Therapy Work

**Therapist**, Jan 2020-May 2024, *Northern Utah Center for Couples and Families*, Dr. Phil Scoville—Clinical Director

**Therapist**, Aug 2018-Dec 2019, *Utah Valley Counseling*, Dr. Adam Moore—Clinical Supervisor

#### Clinical Internships

**Clinical Internship**, *The Family Institute at Northwestern University*, Corina Mattson (LMFT), Jodi Smith-Cohen (LMFT), & Ryan Earl (LMFT)—Supervisors

**Making Smart Choices Program**, *The Family Institute at Northwestern University*, Brittney Bolden (LMFT)—Supervisor

**Project Strengthen**, *The Family Institute at Northwestern University*, Brittney Bolden (LMFT)—Staff Clinician

#### Clinically Related Work

**Life Coach (Mental Health Assistant)**, *Provo Canyon School Residential Treatment Center*, Scott Eyre—Program Supervisor

**Youth Services Volunteer, Utah State Hospital**

#### Advanced Clinical Training/Certificates

**Gottman Method Level 1**, June 2018, *Chicago, IL*

**Emotion Focused Family Therapy** March 2017, *Northbrook, IL*

#### Other Work Experience

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**On Site Manager, Select Staffing**, LaShanda Terry—Supervisor

**Lead Custodian, Brigham Young University**, Milton Briggs—Supervisor

**Property Manager, Major Enterprises**, Drew & Mary Major—Employer

#### Skills & Qualifications

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**Data Software:** I have advanced training in Stata data software and NVivo qualitative data software. I have some experience with SPSS and Excel for data analysis. I am currently learning R.

**Statistical Analysis Training:** I have training with statistical theory and analyses (e.g., mean, median, mode, group comparisons, power analysis, etc.) and training in the advanced analyses of (multiple) linear regression modeling and structural equation modeling (SEM). I am familiar with growth modeling.

**Qualitative Analysis Training:** I am trained in the theory of qualitative analysis, and I have direct experience with content analysis, discourse analysis, interview coding, and other common forms of qualitative analysis. Additionally, I have training in mixed-method studies.

**Education Software:** I am proficient with BYU Learning Suite and Canvas. I have some familiarity with Blackboard.

**Other Software:** I am proficient with Microsoft Office & Google Suite, and I have some experience using Microsoft Outlook & Adobe Acrobat Pro.

#### Professional Affiliations

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##### Board/Committee Membership

**Conference Planning Committee Member-** *American Psychological Association (APA)- Division 24; Spring 2024*

**Board Member-** *Association of Mormon Counselors and Psychotherapists (AMCAP); 2022*

##### Membership

**American Psychological Association (APA)- Divisions 24, 26, & 32**, December 2022 – Present

**Heterodox Academy**, April 2021 – Present

**American Association for Marriage and Family Therapy (AAMFT)**, September 2016 – Present

**Association of Mormon Counselors and Psychotherapists (AMCAP)**, April 2013 – Present

## **Community Leadership/Awards**

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**High School Percussion Instructor**, *Orem & Springville High Schools*, Utah

**Director's Award for Percussion**, *Mountain View High School*, Utah

**Eagle Scout Award**, *Boy Scouts of America*